

## **Mammography Preparation Instructions:**

---

- Do not apply any deodorant, powder or cream to the under arm or breast area on the morning of your exam.
- Two piece clothing is most convenient as you will be asked to change into a gown from the waist up.
- If you have had surgery, bring films and reports that we taken before, during and after your surgery, along with a copy of the pathology report.
- To reduce breast tenderness, eliminate caffeine for several days before the exam.
  
- Bring your prescription and insurance card.
- Bring all previous imaging/radiology studies and reports (that were not done at RAI) relating to your current study.

For additional Information please call **(609) 585-8800** and press 5