

## **Intravenous Pyelogram Preparation Instructions:**

---

- The day before your exam you must have a liquid diet (tea, clear broth, jello, or clear fruit juices).
- At 8 pm, the night before the exam, drink one 10 oz bottle of “Citrates of Magnesia”.
- Between 8 pm and midnight, the evening before your exam, drink five 8 oz glasses of water or clear fruit juice.
- At 10 pm, the evening before your exam, take 4 Dulcolax tablets with water
- Have nothing to eat after midnight.
- The morning of your exam, administer a “Fleet’s” enema at 6:30 am – follow directions on the package.
- Do not eat breakfast the morning of your exam.
- Take your daily medication with small amounts of water or clear fruit juice.
  
- Patients who have diabetes or renal disease require special care because the kidneys are involved in excretion of the contrast from the body. These patients should consult with their physicians about proper scheduling.
  
- **If you are Diabetic: DO NOT** take Metaglip, Glucophage, Glucovance, Avandamet (or any drug containing Metformin) the day of your exam and for 48 hours after your exam.
  
- Bring your prescription and insurance card.
- Bring all previous imaging/radiology studies and reports (that were not done at RAI) relating to your current study.

For additional information please call **(609) 585-8800**